



Luxurious Minimalism.

The fashionable planner for keeping things minimal while living in style.



“Always add sensuality & style to everything that you do.”

MY *Luxurious Minimalism* GROCERY LIST

Each month map out your main grocery list for the month.

January	February	March	April
May	June	July	August
September	October	November	December

“Fill yourself with foods that add beauty to your body.”

Yearly Brazilian Wax

Make your finances as smooth & easy to navigate as getting a brazilian.

“I like the idea of being whoever I want to be.”
– Dita von Teese

"Style is wearing an evening dress to McDonalds, wearing heels to play football. It is personality, confidence and seduction." - John Galliano.



In my world “*minimalism*” is open to interpretation. However luxurious minimalism is keeping things as minimal as possible while adding style to it. This style can grocery shopping while wearing a tiara or typing up a newsletter with a flower in your hair. This style can be sipping water from a wineglass or styling in dance breaks as you work. This style can be sending out handwritten thank you cards or seeing yourself as a goddess while orchestrating meetings in a boardroom. This is your life. While not live it like your wearing lingerie and design it that way?

G = Keep things simple. (i.e. goddess = the simplest way with the most sex appeal).

S= Style your energy (sex appeal).

T = Time (t), completing things in the most efficient way.

A luxurious minimalist is a woman who keeps things “minimal” while always living in style. In the following tables the “Brazilian” section is dedicated to your finances and the months of the year follows your Brazilian and are to be used as you would like (with a special “g”, “s”, “t” section to keep your energy aligned. This is your planner and you get to design your life with as much style as you would like.

- Your fellow luxurioust,

JASMYNE

“One of the things that I love about lingerie is that you can have a secret persona underneath your clothes.”

- Dita Von Teese.

Brazilian Wax.

“Your finances should be smooth & easy to navigate, just like a Brazilian wax.”

January.

Sunday			Monday			Tuesday			Wednesday			Thursday			Friday			Saturday		
—			—			—			—			—			—			—		
G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T
—			—			—			—			—			—			—		
G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T
—			—			—			—			—			—			—		
G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T
—			—			—			—			—			—			—		
G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T
—			—			—			—			—			—			—		
G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T
—			—			—			—			—			—			—		
G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T

“Fashion is what you’re offered four times a year by designers. And style is what you choose.”
- Lauren Hutton.

Brazilian Wax.

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February.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—

G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

“Fashion is not something that exists in dresses only. Fashion is in the sky, in the street,
fashion has to do with ideas, the way we live, what is happening.”
- Coco Chanel.

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March.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—

G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T

“Style is when their running you out of town and you make it look like you’re leading the parade.”
- William Battie.

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April.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—

May.

Sunday			Monday			Tuesday			Wednesday			Thursday			Friday			Saturday		
G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T
G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T
G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T
G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T

G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T

“Style is very personal. It has nothing to do with fashion. Fashion is over quickly. Style is forever.”
 - Ralph Lauren.

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June.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—

G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T
—			—			—			—			—			—			—		
G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T

“Fashion fades. Style is eternal.”
- Yves Saint Laurent.

Brazilian Wax.

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July.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T

G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T

“Over the years I have learned that what is more important than the dress is the woman who is wearing it.”
- Yves Saint Laurent.

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August.

Sunday			Monday			Tuesday			Wednesday			Thursday			Friday			Saturday		
—			—			—			—			—			—			—		
G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T
—			—			—			—			—			—			—		
G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T
—			—			—			—			—			—			—		
G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T
—			—			—			—			—			—			—		
G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T
—			—			—			—			—			—			—		
G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T
—			—			—			—			—			—			—		

September.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—

October.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—

November.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—

December.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—
G S T	G S T	G S T	G S T	G S T	G S T	G S T
—	—	—	—	—	—	—

G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T	G	S	T

“The dress must follow the shape of the woman, not the body following the shape of the dress.”

- Hubert de Givenchy.

The luxurious minimalist...



A woman who keep things “minimal” while always living in style.

*“Add style to your mind.
Add style to your breath.
Add style to your life.
Add style to your body.”*



“I want people to see the dress but focus on the woman.”
- Vera Wang.



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